



# Welcome to BronkanSports

## Your Center of Learning and Activities



BronkanSports was founded in May 1998 and registered in the state of Rhode Island in May 2002.

Bronkan United Sports Association, Inc. (BronkanSports) is a non-profit 501 (C) 3 and charitable volunteer community based organization working to provide opportunities for youth and young people (4 years old and older including college age) through sports, education, religious, culture, developmental and community enrichment programs in Providence, surrounding communities in Rhode Island and New England.

The Organization caters to children from age four (4) to college age, mentoring and assuring that all youth achieve their life goals. BronkanSports After School Programs provide homework support, tutoring that tailor to your child's needs and mentoring, college prep, foster GED program for young adults, and community service. We also pick up and drop off students.

BronkanSports volunteers, parents and dedicated people help to raise funds to support both summer and year-round programs and activities such as: After School, Summer Learning Enrichment, Sports (Tournaments and Leagues), Performing Arts Academy (PAA), Community Garden and other programs. The Organization provides opportunities for individuals with autism, physical and mental disabilities, behavior disorders and developmental disabilities through sports and other activities. BronkanSports also seek to provide counseling, community services and human services to any participant or member that will need these services.

BronkanSports has been helping children in the community to stay in school and off the streets in a safe environment since May 1998. Due to our hard working volunteers, ninety five (95%) of the students who participated in BronkanSports programs (After School, Sports and Summer Enrichment programs) since May 1998 have graduated from college. Our programs provide safe environment and serve as **Youth Intervention and Violence Prevention**.

BronkanSports events and programs are presented to youth and young people to give them positive choices that are fun, healthy and challenging. Enhance participants' skills and the love for the game. Youth and young adults are taught to understand that good sportsmanship and learning are more important than winning or losing. While sports competitions, clinics, and education are the core of BronkanSports programs, the Organization believes in a "strong mind" and "strong body" and the spiritual needs of our young people. Therefore, we offer variety of sports activities, educational technology, after-school programming, summer learning enrichment and cultural programs. The Organization also provides opportunities for young people to express themselves through dance, music, arts and dramatic arts programs.

Acknowledging that the significant of majority drugs and alcohol use, youth violence and teen pregnancies occur during the first two hours after school and in the summer, BronkanSports is committed to providing a positive means for our children during these critical times to keep them safe, improve academic achievement and help relieve the stress of today's working families and the whole community. Therefore BronkanSports cannot do it alone, we need the collective loving-heart, energy and resources of everyone, corporation and government to prepare our students to succeed in schools, the nation's colleges and universities and in their chosen professions. **WE ARE LOOKING FOR YOU TO HELP TRANSFORM A CHILD! GET INVOLVE! JOIN. REGISTER. DONATE. ADVOCATE. VOLUNTEER.**

**BRONKANSPORTS MISSION STATEMENT**  
**Transforming a Child for A Better Community and the World**

The mission of BronkanSports is to provide opportunities for youth and young people to participate in sports, educational, cultural and community enrichment programs; to build confidence, good sportsmanship, teamwork and self-esteem; to prepare youth and young people to learn and live in an ever changing and diverse world, to redirect youth and young adults in danger of getting involve with violence of gang activities, to say **"No" to violence, drugs and "Yes" to life, hope and education.**  
**"Kids Are Tomorrow's Leaders!"**

**Purpose**

- The purposes for which Bronkan United Sports Association, Inc. is organized are exclusively for charitable, non-profit, educational, religious and scientific purposes.
- To provide and encourage athletic competition among youth (including college age) and amateur players in a safe environment.

**Vision**

- Our long-term vision is to see "at Risk" and Inner City youth and young people transformed into Future Leaders through sports and education.
- We will make a different by giving Hope to a Child for a Change.

**We will endeavor to:**

- Change the future of our youth and young adults at Risk.
- Change society's treatment toward "at Risk" Children.
- Change the lives of the less fortunate children to Productive Citizen.
- Change our Communities by shaping Today's Youth, Young Adults and Less Fortunate Children into Tomorrow's Leaders.
- Transform our children to Transform Our Community and the World.

## **BRONKANSPORTS PROGRAMS**

### **How is BronkanSports Programs different from other programs?**

BronkanSports works with the whole person to become productive member of society:

1. Preparing the whole individual on and off the field to become productive citizen
2. Work with participants from their homes to the fields and to the schools.
  - Responsibility, accountability and chore at home
  - Family counseling if needed
  - Skills development and improvement
  - After School Programs and participation in his/her school team
  - Tracking academic success/achievements and weakness in school
3. Tracking System for Academic and Athletic Achievements: BronkanSports will start tracking participants from elementary school to middle school and to high school for college preparation. Our Tracking System will give participants a better setting in high school. Doors of opportunities for successful High School Graduates to go to college can be open through scholarships such as:
  - a. Academic Scholarships
  - b. Sports Scholarships

## **PROGRAMS**

### **ACADEMIC**

- **After School Programs**
- **Summer Learning Enrichment Programs**

### **SPORTS**

- **Summer Sports Programs**
- **Most Important Player (MIP) Programs**
- **Skills Development and Improvement**

### **PERFORMING ARTS ACADEMY (PAA)**

- **Theater Programs (Acting/Drama)**
- **Musical/Dance Programs**

### **LEADERSHIP AND *CHARACTER DEVELOPMENT***

- **Team Building**
- **Character Building**
- **Leadership**
- **Communication**
- **Volunteering**
- **Counseling**
- **Community Service**

### **ARTS & CRAFTS**

- **Digital photography**
- **Painting**
- **Drawing**
- **Sewing**

## **SENIOR CITIZEN PROGRAMS**

- **ReEnergize for Life Center**
- **Fellowship**
- **Blessed My Birthday (BMB)**
- **Activities and Field Trips**

## **COMMUNITY GARDEN**

- **Vegetable, Herbs and Fruits**
- **Plants & Seeds**
- **Soils and Raised Beds**

## **AFTER SCHOOL**

BronkanSports After School Program provide homework support, tutoring and mentoring, college prep, computer learning, theatre/playacting, community service and foster GED for young adults. Daily activities include Technology, Reading, English, Math, Science, Arts and Crafts.

After school hours and during the summer are very critical times for youth and young people. These are the times most needed to engage and provide opportunities to youth and young people to learn and grow smart. BronkanSports provides quality after-school programs and summer activities to meet these needs of our young people.

Acknowledging that the significant of majority drug and alcohol use, youth violence and teen pregnancies occur during the first two hours after school and in the summer, BronkanSports is committed to provide a positive means for our children during these critical times to keep them safe, improve academic achievement and help relieve the stress on today's working families and the whole community.

BronkanSports after-school programs offer youth and young people opportunities to learn new skills such as conflict resolution, prepare for a successful career, improve grades and develop self-esteem. These skills can be critical in helping youth develop in positive ways and to avoid conflict and behavior problems. Our After-school programs provide safe environment and serve as youth intervention and violence prevention.

The mission of the Public Schools is to prepare all students to succeed in the nation's colleges and universities, and in their chosen professions. BronkanSports After-school programs will help to foster the mission of the Public Schools to achieve this goal. Copies of our brochure are available upon request at BronkanSports@yahoo.com

## **AFTER SCHOOL PROGRAMS**

### ***HOMEWORK SUPPORT***

#### **Working toward Academic Achievement & Success**

- Help Enhance Skills in Math, English, Science, Reading and Technology
- Tutoring & Mentoring
- Computer Basic
- French & Spanish
- Tales & Writing
- College Prep
- Field Trips

### ***LEADERSHIP AND CHARACTER DEVELOPMENT***

- Increase Self-esteem
- Social Skills & Conflict Resolution
- Team Building
- Counseling
- Community Service
- Volunteering
- GED Prep & Adults Literacy Program

## ***ARTS & CRAFTS***

BronkanSports Arts & Crafts program is presented to youth and young adults to give them positive choices that are fun, healthy and challenging. The Organization gives participants the opportunity to explore their environment and capture their impressions. They will learn to edit, print, mat and frame their photographs. Also they will use their skills to express their imagination of the environment and produce computer portrait from photos, such as putting photos on T-shirts, mugs and other printable items.

BronkanSports provides opportunities for young adults to express themselves through dance, music, art and dramatic programs. BronkanSports provides opportunities for individuals with autism, physical and mental disabilities, behavior disorders and developmental disabilities through sports and other activities.

Teaching and developing youth and young people to use their imagination to make great gifts with decorative ideas while having fun.

1. Digital photography: Photo editing, printing, matting and framing.
  - Using digital cameras, participants can capture games, practices and other activities.
  - They can also explore their environment and capture their impressions.
  - They will learn to edit, print; mat and frame their photographs.
  - They will use their photos to produce computer portrait, such as putting photos on T-shirts, mugs and other printable items.
2. Painting: acrylics, oils and watercolors on canvas, paper and other base materials
3. Drawing: using pencils, markers and other drawing implements
4. Sewing: Sewing classes are educational, inspirational and fun. Learn how to sew for the first time or brush up on current skills, make Stuffed pillows, Tote Bag, Fabric Flowers, Seasonal Apron, Sock Monsters, Stuffed Animal or Skirt. Construct projects that are going to challenge and inspire you.
5. Creating: participants will use their imagination to create impressive gifts and arts work.

## **SUMMER PROGRAMS**

### ***SUMMER ENRICHMENT PROGRAMS***

BronkanSports provides summer learning activities and college prep for boys and girls, ages 4 to 18 years old (also including college age). Students entering Pre K to 12 Grade will have the opportunity to advance their knowledge during the summer while having fun.

#### **1. SCHOOL READINESS & COUNSELING**

- Learning Enrichment
- Foreign Languages
- Computer Basic
- Counseling & Community Service
- Tales and Reading
- Mentoring

#### **2. LEADERSHIP AND ARTS & CRAFTS**

- Team Building
- Arts and Crafts
- Music and Dance
- Drama/Playacting

#### **3. SPORTS**

**Basketball** – Develop progressive continuity for basketball in Rhode Island and other states to bring together the various youth and amateur basketball programs.

- **Youth** – Provide annual tournaments and league (boys and girls). Conduct workshops, clinics and seminars for youth groups and organizations in other to educate them about staying in school and the danger of drug abuse, alcohol, teenage pregnancy and juvenile delinquency. Youth career counseling, self-help programs and literacy training.
- **Young Adults** – Provide annual tournaments and league for amateur basketball. Seek to provide opportunities for advancement to senior basketball programs for those participants who are motivated without submitting to undue pressure and over-expectations. Provide job counseling, job search, documentation processing, vocational training and human services to participants.

**Soccer** – Develop progressive continuity for soccer in Rhode Island and other states to bring together the various youth and amateur soccer programs.

- **Youth** – Provide annual tournaments and league (boys and girls). Conduct workshops, clinics and seminars for youth groups and organizations in other to educate them about staying in school and the danger of drug abuse, alcohol, teenage pregnancy and juvenile delinquency. Youth career counseling, self-help programs and literacy training.
- **Young Adults** – Provide annual tournaments and league for amateur soccer. Seek to provide opportunities for advancement to senior soccer programs for those participants who are motivated without submitting to undue pressure and over-expectations. Provide job counseling, job search, documentation processing, vocational training and human services to participants.

**Flag Football** - Develop progressive continuity for flag football (boys and girls). To bring together various youth and amateur flag football programs in our community.

**Baseball** - Develop progressive continuity for baseball (boys and girls). To bring together various youth and young adults' baseball programs in our community.

**Track & Field** - Develop progressive continuity for track & field (boys and girls). To bring together various youth and young adults track & field programs in our community.

**Bike Racing** - Develop progressive bike racing (boys and girls) bringing together various youth and young adults to have fun racing and be competitive.

**Kickball** – Develop, encourage and promote kickball in our community for boys and girls through annual tournaments and league. Experience the joy and excitement of the game of baseball through kicking, catching and throwing a soccer ball.

**Volleyball** – Experience youth and young adults' (boys and girls) volleyball with new techniques in a safe environment.



**PERFORMING ARTS ACADEMY (PAA)**  
**THEATER & MUSICAL**

Teaching and developing youth and young people good character development, role play, interaction and emotional theme in plays. Youth and young people express their natural gifts and talents through acting, video recording/movie making, music and dance.

**Theater – Drama/Acting**

Performing Arts Program: offers high quality theatrical training and outstanding performance opportunities to kids, youth and young adults.

**Music & Dance**

***Musical and Dance Program:*** offer high quality musical and dance training to kids, youth and young adults.

- Learn to dance: African, Jazz, Pop; Rock and Hip-pop music.
- Musical Instrument: Learn to play drums and other musical instruments.

***Show Your Talent (SYT):*** Talent development for youth and young adults through performances and competitions.



## **Bronkan United Sports Association, Inc.** **Most Important Player (MIP)**

BronkanSports welcomes you to its Most Important Player (MIP) program. This program is designed to provide opportunities and experiences that you never thought could be possible for individuals with developmental disabilities, autism, physical and mental disabilities and behavior disorders. Our participants, their families and friends will enjoy their hidden talents and skills through sports, other social/recreational activities and educational activities while having fun. What awaits the participants, families, friends and buddies are opportunities and experiences that are without limits.

Our program is designed to provide quality sports (soccer, basketball, baseball, kickball, and volleyball), other recreational and educational activities for children and adults whose physical and/or mental disabilities make it difficult for them to successfully participate in regular teams, leagues and/or programs. We recognize that all individuals need to feel a sense of belonging and acceptance where they can show their abilities and skills. MIP program offers that acceptance and teamwork which gives every participant a chance to play and learn. The MIP program has its philosophy of balanced teams where every player plays and/or every participant participates.

MIP rules require that all teams must be balanced (Every Player Plays and Every Participant Participates). Each player on a team must play at least half of the first half. The second half will be FREE SUBSTITUTION. It is the coach's choice to substitute players as necessary during the second half.

MIP (Most Important Player) is for participants ten (10) years and older with physical, mental and other developmental disabilities who want to play sports and learn. MIP teams are made up of individuals who are diagnosed with any of the following:

- Mentally or emotionally challenged
- Down's Syndrome
- Deaf and Non-verbal
- Blind or visually impaired
- Autistic Spectrum Disorder
- Developmental Disabilities
- Behavioral Disorders
- Amputees or impair mobility

Families and friends of children with developmental disabilities and serious emotional problems experience not only the stresses of daily life, but also the difficulties of having a child with special needs. It is a heart-wrenching feeling to watch families deteriorate from the ongoing strain of providing continuous long-term care to a family member with no family fun activities to help reduce their stress. Children and young people with these disabilities are always fence-sitting watching their age group competing, or staying home wondering when that day will come for them to compete.

Well, welcome to BronkanSports where dreams of playing sports and learning are brought to reality with many possibilities. Welcome to the world of MIP sports and educational activities where possibilities are unlimited and dreams come true, where joy override our disabilities, where parents become teachers, coaches, cheerleaders with joy of tears, where joy of participation, teamwork and the thrill of playing sports are no longer dreams but realities, where referees become coaches on the field of

play with hugs and smiles throughout the whole game. Come and join us in MIP where important people play the games they love.

BronkanSports believes in diversity, education and sports for all people. Regardless of who we are, we all need the opportunity to enjoy the pleasures and benefits life has to offer. Through BronkanSports, many of these opportunities including making new friends, playing on a team, learning new skills, and just helping someone can be enjoyed. It is our belief that sports and learning do play an integral part in shaping lives and fostering dreams.

The MIP program was created to fill these needs, providing opportunities for fun and friendship through learning, fitness and physical activities. We believe in **YOU** and hope that your experience as a player, a pal, a buddy, a parent, a sibling or a cheerer is an enjoyable and rewarding one.

### **MIP PROGRAM PHILOSOPHY**

The vision of BronkanSports MIP Program is to create MIP teams in Providence, surrounding communities in Rhode Island and in New England.

The mission of BronkanSports MIP programs is to provide quality sports, educational experience and opportunities for people with autism, behavioral disorders, and other developmental disabilities, along with their families. We foster greater independence and inclusion through sports, counseling, intensive learning skills where our participants can achieve a balance across all life skills. BronkanSports is dedicated to understanding the developmental needs of its participants.

We recognize that children learn and develop confidence by playing, not by watching others play. Individuals with disabilities are more often spectators than players. Giving them the opportunity to learn by playing, they can also have fun. In the MIP Program participants will learn skills, sportsmanship and teamwork base on their levels and abilities.

Individuals with special needs are estimated at about 10% of the school age population. Special schools and Mainstream schools with special classrooms usually isolate those individuals with special needs. Therefore MIP Program has been structured to integrate these special individuals into BronkanSports by using Pals and Buddies from non-MIP teams to help these participants on and off the field of play. Our goal for all participating players is to:

- understand the fundamental of the game
- learn sportsmanship, team work and fair play
- have fun playing the sports they love
- develop a positive attitude towards physical activity
- improve gross motor, locomotors, skills and spiritual awareness.
- increase strength, endurance, and muscular flexibility
- increase positive self-esteem
- learn problem solving, decision making, and respecting others
- meet new people, improve social interaction and cooperation
- become more comfortable competing in tournaments and leagues.

## **SENIOR CITIZEN PROGRAMS**

**ReEnergize for Life Center: A Center for all Senior Citizens (60 years old and older) who need a PLACE to BELONG and/or a FAMILY to BELONG.**

- **Activities & Games:** Bowling, Walks, Sports, Bingo, Ludo, Chess, Checker, Board Games, etc
- **Community Connection:** Connecting back to the community – Community Service, Volunteering, Outing, etc
- **Alive to Serve Christ (ASC):** Senior Citizen Fellowship and Bible study in a Christian Community (Optional)
- **Medical:** Annual Medical Examination, Medical Information & Benefits
- **Bless My Birthday (BMB):** Birthday celebration and Relaxation trip
- **Field Trips:** Beach, Site Seeing, Movie Theater, Fox Woods, Aquarian, Zoo, Parks, Out of State Travel, International Travel, etc

## **COMMUNITY GARDEN**

Gardening is a great science project and fantastic exercise for kids and youth to undertake! Kids will learn to grow vegetables, herbs, fruits and keep daily journal of what they've done and the changes they see in the garden. Donating vegetables, herbs and fruits from the garden to neighbors or your local food pantry will help your kids understand the importance of tithing and their community.

Gardening will allow your child to explore the world of plants & soil in a fun and educational environment.

- **Vegetable, Herbs and Fruits**
- **Plants & Seeds**
- **Raised Beds and Soil**

Kids and youth will also learn the difference methods of garden planting:

- Container Beds, Raised Beds and Square Foot Beds
- How to prepare the garden soil
- The vegetable's growing requirements
- Watering and fertilizing needs
- How to harvest vegetable crop
- How to store the vegetables from garden

## **OTHER PROGRAMS**

### **Home Economic**

- *Hospitality*: Learning to cook, bake, sew, hospitality and housekeeping.

### **Big Brothers & Sisters**

- Positive role model, tutoring and mentors.

### **PARENTS ReLIVE**

- Parents having fun playing the sports they once use to play
- Adult literacy program and education
- Coaching, refereeing and reaching out to our young people.

### **Sports Ministry**

- Developing the spiritual and sport relationship of our players
- Integrating Sports and Christian Principles
- Annual tournaments (boys and girls) through churches in the community.

**Community Service** – Teaching youth and young people how to give back to their communities. Volunteer services are done by participants year round as needed or as required.

**Career Counseling**- We seek to provide counseling and human services to any participant or member that will need these services.

## **PARTNERSHIP**

- **Foster Grandparent**
- **Serve Rhode Island**
- **Providence School Department (PASA)**
- **Department of Recreation of Rhode Island**
- **Kids Care Club**
- **Indian Counsel of Rhode Island**